

# HOW DOES IT WORK?



Mentors can advertise varying levels of availability, from those that can offer regular one-on-one structured sessions over a 6 month period, to those offering one-off ad-hoc chats about specific topics. So there should be something to suit everyone



Download the mentoring app for mobile



Decide what you would like support with and whether you're looking for a regular mentor or if you think a one-off chat will be enough.



Create your profile and start searching. based on the skills you're seeking support with. Send requests to relevant mentors. When a mentor accepts your request, you'll be notified by the app and by email. You can then begin messaging via the app or offline and arrange your one-off chat or first meeting of several structured sessions



# WHAT CAN I SEEK SUPPORT FOR?



In short, anything. We anticipate that the biggest demand will come from early careers professionals seeking support with career development and progression, however we know from research that there are many other issues mentees are looking to be supported with.



Our research has shown us a variety of support needs – everything from transitioning into leadership, gaining Chartership, project management, public speaking, networking, safety analysis, business development and even political and climate campaigning. Whatever help you're looking for, our platform will allow you to search for relevant mentors.

***“Mentoring is a brain to pick, an ear to listen, and a push in the right direction.”***

