

WHO CAN BECOME A MENTOR?



Anyone at any stage of their career, as we anticipate demand at every level. Even if you're just starting out in your career in nuclear, you may be able to mentor a student



The qualities that make a good mentor are the ability to listen in a non-judgemental way and importantly, help your mentee find their own solutions. You don't need to have "all the answers" (though there may be cases in which you have relevant experience to share, in which case, feel free). But fundamentally it's about empowering your mentees to find their own solutions and creating a space for them to think about problems from different perspectives



Is prior experience necessary? No. As long as you have the right attitude (non-prescriptive, supportive, genuinely interested in helping others), we believe you can thrive as a mentor. We'll be holding some information and informal training events in June, and will also provide a suite of written resources to support you.

WHAT'S THE TIME COMMITMENT?



It's completely flexible. Some people will opt to enter a one-to-one relationship with their mentee, this will probably look like meeting for an hour a month for a 6-month period. You might therefore discuss your mentee's career aspirations and help them set goals, as well as work with them to monitor progress.



However, other people may take a different approach, offering one-off ad-hoc sessions to discuss specific topics (for example, working towards Chartership), and so they might have multiple mentees that they are less closely involved with. Ultimately, it'll be up to you as to how much time you want to, and can, commit to.

“Mentoring is a brain to pick, an ear to listen, and a push in the right direction.”

