

Becoming Me Application Form

We want *Becoming Me* to have the most positive impact on you and your employer. Please complete the following and e-mail to comms.ygn@nuclearinst.com by **31 August 2023**:

Contact details:

Name: _____	E-mail: _____
Manager: _____	E-mail: _____
Mentor: _____	E-mail: _____
(If known)	

Aspirations:

Why are you applying to attend *Becoming Me* and what do you hope to get out of the programme? (200 words max)

Expectations (please read and tick):

Enthusiasm: As a delegate on *Becoming Me*, I will actively engage in sessions with camera on, complete coursework, and meet my mentor regularly throughout the programme. ..

Taking Responsibility: I look forward to exploring key actions that will help me to embrace who I am, flourish at what I do, and thrive in making an impact. ..

Safety and Wellbeing: I recognise that *Becoming Me* is a coaching programme and not a substitute for seeking professional support if issues raised during the sessions warrant it. ..

Signature: _____ Date: _____

Line Manager Signature: _____ Date: _____